



## Certificate in Palliative Care - Program Outline

The **Certificate in Palliative Care** program provides an opportunity to develop knowledge and skill in end of life care and is suitable for Health Care Assistants, other health professionals or other persons involved in providing end of life care. This course will guide students to a better understanding of how to apply principles of palliative and end-of-life care to clients and their families experiencing life-threatening illness with an integrative approach, from diagnosis to the last hours of life and through to death, grief and bereavement. Students will learn how to provide care that is culturally relevant and honors the choices, traditions, and values of the dying person and their family.



### Length/Structure

30 hours. This course is comprised of theory and hands-on lab practice and is offered on campus over four consecutive days or once weekly x 4 weeks.

### Start Dates

Programs start monthly. To register, contact us by phone 1-855-447-3422 or send an email inquiry to [sehcareercollege@sehc.com](mailto:sehcareercollege@sehc.com)

### Program Evaluation Methods and Completion Credential.

Students will complete learning assessments based on the following. Students must obtain a minimum cumulative pass mark of 70% for program completion. A certificate of course completion will be issued to successful graduates.

<i>Understanding</i>	40%	Quizzes (2)
<i>Applying</i>	25%	Assignment
<i>Discussing</i>	25%	Group Case Scenarios in Lab
<i>Reflecting</i>	10%	Reflective Grieving Activity

### Campus Locations

Vancouver 100 – 200 Nelson Street  
Victoria 101- 3939 Quadra Street

1-855-447-3422

[ssehcareercollege@sehc.com](mailto:ssehcareercollege@sehc.com)

[www.saintelizabeth.com/careercollege](http://www.saintelizabeth.com/careercollege)

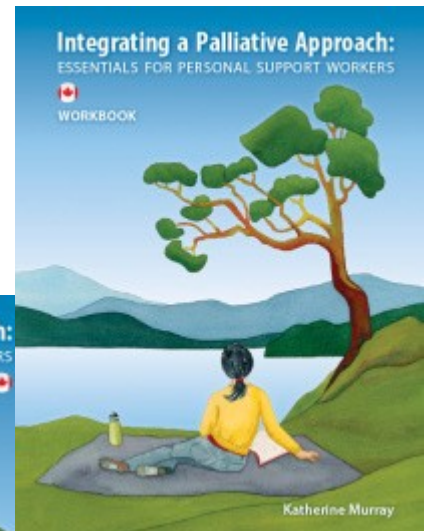
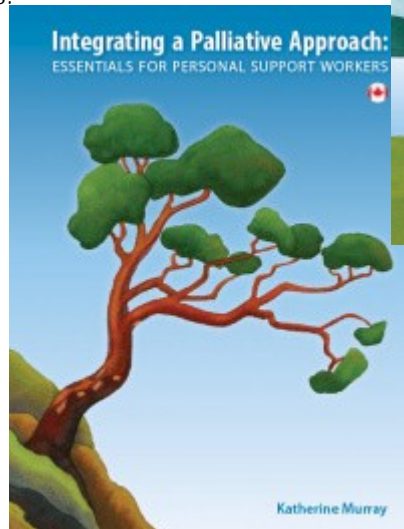


## Program Content

- ❖ Understanding Therapeutic Boundaries
- ❖ Integrating a Palliative Approach to Caregiving
- ❖ Principle of Hospice Palliative Care
- ❖ Identifying the Health Care Team Members
- ❖ Terms Used in Hospice Palliative Care
- ❖ Common symptoms of changes | bowel an bladder function, decreased appetite & weight loss, dehydration, delirium, difficult breathing, fatigue, mouth discomfort nausea and omitting, and pain
- ❖ Principles of Using Medications to manage symptoms
- ❖ Using opioids to manage symptoms
- ❖ Advanced Care Planning
- ❖ Providing psychosocial care
- ❖ Understanding grief
- ❖ Supporting a grieving person & family
- ❖ Providing compassion
- ❖ Physical changes that occur as death nears
- ❖ How care for the body after death
- ❖ Self-Care strategies for care givers

## Required Textbook

- ❖ Integrating a Palliative Approach: Essentials for Personal Support Workers. Textbook & Student Workbook by Katherine Murray
- ❖ **Students will be issued textbook on the first day of the program.**



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## Application Process

Part A: General Admission Requirements	
2.	18 years of age or older
3.	Meet minimum English language proficiency requirements (described below)
Part B: English Proficiency Requirements – <i>Submit evidence of one of the following;</i>	
1.	Successful completion of grade 10, 11, or 12 English or Communications 12 or higher level English course undertaken at a recognized Canadian Secondary or Post-Secondary Educational Institution or;
2.	Successful completion of the SECC English Language Proficiency Assessment Test or;
3.	Evidence of one of the following test scores; <ul style="list-style-type: none"> <li>• <b>The Test of English as a Foreign Language (TOEFL)</b> -- test must be within the last two years. IBT only: Overall score of 64 with no score lower than 17 in Speaking and Listening and no score lower than 15 in Reading and Writing or;</li> <li>• <b>International English Language Testing System (IELTS)</b> Academic -- test must be within the last two years: Overall score of 5.5 with a minimum of 5.5 in Speaking and Listening and no score lower than 5.0 in Reading and Writing or;</li> <li>• <b>Canadian Language Benchmark Placement Test (CLB PT)</b> -- test must be within the last six months: Listening 6, Speaking 6, Reading 5 and Writing 5 or;</li> <li>• <b>Canadian English Language Proficiency Index Program (CELPIP)</b> Academic Test version: Aggregate score of 3H or better, with 3H or better in Speaking and Listening and 3L or better in Reading and Writing.</li> </ul>

### Our commitment to you

At SE Career College we are dedicated to your success as a student and offer:

- o Individualized learning support
- o Registered Nurse Instructors
- o Certified ESL instructor for language support
- o Convenient Campus Locations in Vancouver & Victoria
- o Large Practice Lab for hands on learning
- o And much more.....

**Program fees** \$430.00 (includes cost of textbooks and all learning materials).

**To Register -contact us at:** Phone: 1-855-447-3422 or Email: [sehcareercollege@sehc.com](mailto:sehcareercollege@sehc.com)

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