

## Leading Practices and Initiatives

- Our unique model of collaborative partnerships with First Nation, Inuit and Métis communities was recognized by the Health Council of Canada as a leading model for supporting culturally safe care.
- First Nations Caregiver Support Project – Development of a train-the-trainer, web-based education model that gives health care providers the tools to offer caregiver education and support networks within their own communities.
- The Benefits of Physical Activity for First Nation, Inuit and Métis Communities – An interactive online course, and a downloadable handbook, are available on our website homepage. These resources incorporate culturally and geographically relevant physical activity messaging, based on the Canadian Physical Activity guidelines.
- Cancer Care Pathways – Working in partnership with rural, remote and isolated First Nation, Inuit and Métis communities and organizations across Canada to better understand and support improvement in cancer care pathways for community members.
- Grand Council Treaty #3 Diabetes Blended Learning Training – We partnered with Grand Council Treaty #3 Health Council to deliver a diabetes training that was inclusive of local traditions, culture, and learning needs of the communities. The focus of this training was guided by the communities of Treaty #3.

## Get Connected Today

To learn more about Saint Elizabeth's First Nations, Inuit and Métis Program and @YourSide Colleague®, visit us on the web: [www.saintelizabeth.com/FNIM](http://www.saintelizabeth.com/FNIM)

Read the latest Saint Elizabeth First Nations, Inuit and Métis Program news and information in our News section and check out the Education Opportunities page for exciting learning events.

**Program Assistant:** Jodie Dupas

**Phone:** 1.800.463.1763 ext. 6394

**Email:** [atyoursidefni@saintelizabeth.com](mailto:atyoursidefni@saintelizabeth.com)

### Office locations:

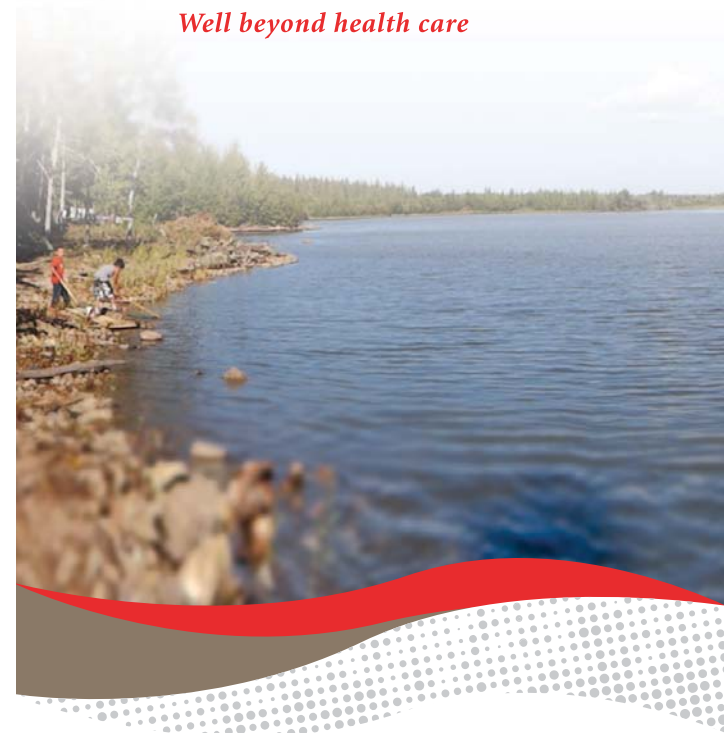
- Long Plain First Nation, MB
- Winnipeg, MB
- Wabauskang First Nation, ON
- Markham, ON
- Montréal, QC

Pour un service en français, veuillez contacter Suzanne Stephenson à [suzannestephenson@saintelizabeth.com](mailto:suzannestephenson@saintelizabeth.com) ou à 1.800.463.1763, poste 2971.



# Saint Elizabeth

*Well beyond health care*



## Saint Elizabeth

*Well beyond health care*

Saint Elizabeth is a not-for-profit, charitable health care organization providing quality service since 1908.

## Saint Elizabeth First Nations, Inuit and Métis Program

[www.saintelizabeth.com](http://www.saintelizabeth.com)

[www.saintelizabeth.com/FNIM](http://www.saintelizabeth.com/FNIM)

## About The Saint Elizabeth First Nations, Inuit and Métis Program

Saint Elizabeth is a national health care provider, trailblazer and social innovator dedicated to spreading hope and happiness throughout Canada and beyond.

Our vision is to honour the human face of health care and our dedicated First Nations, Inuit and Métis Program is a shining example that demonstrates how we live out this vision.

Through partnership and collaboration spanning well over 10 years, the First Nations, Inuit and Métis Program works to support the recognition, understanding and practice of nation-based, culturally safe and community-driven approaches to First Nations, Inuit and Métis health and wellbeing.

The program is committed to creating and maintaining meaningful community partnerships. From this foundation, we work collaboratively to inspire and facilitate action-based research, knowledge sharing, and community mobilization.



## Education Opportunities

### Virtual Learning

- Health-related courses are available through our award winning e-platform, @YourSide Colleague®. All First Nations courses are developed with and for community health care providers to ensure content is culturally relevant and meets community realities.
  - First Nations Cancer Care (English & French)
  - First Nations Diabetes Circle of Care (English & French)
  - First Nations COPD Care
  - First Nations Elder Care
  - First Nations MB FNI HCCP Orientation
  - First Nations Trauma Informed Relationships: Building Safety and Trust (Accredited by FNWACCB)
  - Upcoming: First Nations Supporting Natural Caregivers
  - Palliative Care
  - Personal Support Worker
  - Wound Management
  - and more!

*@YourSide Colleague® is provided free of charge to health care providers working in First Nation, Inuit and Métis communities.*

- E-learning events have been delivered to thousands of community health care providers in topic areas such as cancer control (including survivorship and palliative care), chronic disease prevention and management, diabetes care, Aboriginal women and leadership, sexual health, and others.
- A national portal for sharing information and community best and wise practices is offered in both official languages.

## In-Person Education

### Saint Elizabeth Education Services

Saint Elizabeth Education Services works closely with our FNIM team to develop and deliver affordable in-person culturally safe and evidence-based training programs based on the identified needs of communities. We have delivered professional development training on a variety of topics including Palliative Care, Diabetes Care, Wound Management and Elder Care.

### Saint Elizabeth Health Career Colleges

Saint Elizabeth has operated a Health Career College in Vancouver since 2007 and are excited to announce we are launching a network of Health Career Colleges across the country, starting with the opening of three new colleges this year in Barrie, Ottawa and Victoria. Additional campuses across Canada are under development. The colleges currently offer accredited Health Care Assistant/Personal Support Worker Diploma programs which meet or exceed provincial standards. In addition the colleges offer various virtual or in person certificate programs designed to meet the needs of today's home care workforce in areas such as wound management, diabetes management and palliative care.

[www.saintelizabeth.com/FNIM/Education-Opportunities.aspx](http://www.saintelizabeth.com/FNIM/Education-Opportunities.aspx)

