



FOR IMMEDIATE RELEASE

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Home care leader selected for national fellowship

Markham, ON – Nancy Lefebvre, Vice President of Knowledge and Practice at Saint Elizabeth Health Care, has been selected as one of 24 participants in a new national fellowship program – Executive Training for Research Application (EXTRA).

The EXTRA fellowship is designed to train health services leaders to become even better decision makers by using and applying evidence from research in their day-to-day work. The two-year program combines residency seminars, e-learning, mentorship and networking components with intervention projects undertaken in fellows' home institutions.

“Ultimately, EXTRA will help build a stronger Canadian health system because our leaders will be equipped to make stronger decisions,” said Dr. Jean Rochon, former Quebec minister of health and social services and chair of the EXTRA Advisory Council.

A key element of the program is an intervention project through which fellows will apply their classroom learning to solving issues in their home organization.

As an evolving knowledge and care exchange company, Saint Elizabeth Health Care is a leader in knowledge creation and sharing, as well as knowledge uptake and the use of research evidence in practice. Lefebvre's intervention project will focus on the creation of a long-term change strategy designed to increase the use of research evidence in decision-making at all levels.

EXTRA was established in 2003 with a \$25 million grant from Health Canada. The first cohort of 24 fellows was selected in May of this year, and will begin their first residency session in August.

EXTRA is a partnership program, administered by the Canadian Health Services Research Foundation and supported by the Canadian College of Health Service Executives (CCHSE); the Canadian Health Services Research Foundation (CHSRF); the Canadian Medical Association (CMA); the Canadian Nurses Association (CNA); and a consortium of Quebec partners represented by the Agence des technologies et des modes d'intervention en santé (AETMIS).

Established in 1908, Saint Elizabeth Health Care is a Canadian not-for-profit charitable organization who shares its talent and wisdom in the areas of direct service delivery, consultation and eSolutions, to support the transformation of care for health organizations and the people they serve.

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