



@YOURSIDE COLLEAGUE® Palliative Care

@YourSide Colleague® Palliative Care is an innovative web-based solution created by palliative care experts to provide interactive knowledge opportunities for health care providers at their own convenience.

Key Features

- Comprehensive learning information updated by palliative care experts
- Final knowledge tests that are submitted to education coaches for review
- Practice quizzes to test knowledge along the way
- Information on current palliative care developments
- Library of palliative care education materials, articles and resources
- A collection of tools and templates to use during care
- Exchange area that connects health care providers to share their experiences
- Message centre, which includes direct email access to coaches and colleagues
- Personal information centre to track certifications and goals
- Access to online resources on palliative care

Topics

Hospice Palliative Care – includes an overall introduction to hospice palliative care, its definition and how the need for it is identified; includes information on the model for hospice palliative care and techniques for communicating with the palliative individual and their family

Treatments – includes an overview of possible treatments for palliative individuals, including chemotherapy, radiation treatment and complementary therapy

Managing Symptoms – includes a description of common symptoms and possible treatments, with specific advice for symptom management during the final hours

Pain Management – includes a description of pain from the individual's perspective, as well as its definition and assessment; includes pain scales, recommendations for pain management and descriptions of current analgesics with specific advice for pain management during the final hours

Advanced Care Planning – provides an overview of advanced care planning; its definition and how to help your client with creating advance directives

The Dying Process – provides an overview of the dying process including how to prepare for your client's death and support your client's family; includes information on palliative sedation and managing end-of-life symptoms

Grieving the Death – includes an overview of grief, its definition and various types of grief; includes grief assessments and interventions

Ethics in Palliative Care – provides an overview of the ethical dilemmas that can arise in palliative care and suggestions for how to approach them